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Chronic Scrotal Pain

Douleurs scrotales : évaluation de l'acupuncture

1. Systematic Reviews and Meta-Analysis

2. Clinical Practice Guidelines

2.1. American Urological Association (AUA, USA) 2025 ⊕

Lai HH, Pontari MA, Argoff CE, Bresler L, Breyer BN, Chou R, Clemens JQ, De EJ, Doiron RC, Johnson D, Kirkby E, MacDonald SM, Osborne JH, Parekattil SJ, Shelly B. Male Chronic Pelvic Pain: AUA Guideline: Part III Treatment of Chronic Scrotal Content Pain. J Urol. 2025 Apr 17:101097JU0000000000004566. https://doi.org/10.1097/ju.0000000000004566

236. *Chronic Scrotal Content Pain* (CSCP). Clinicians may offer patients with CSCP acupuncture and pelvic floor physical therapy. (Expert Opinion).

2.2. Canadian Urological Association (CUA, Canada) 2018 ⊕

Jarvi KA, Wu C, Nickel JC, Domes T, Grantmyre J, Zini A. Canadian Urological Association best practice report on chronic scrotal pain. Can Urol Assoc J. 2018;12(6):161–172. [001]. DOI

Extrapolating from reports on men with chronic prostatitis/chronic pelvic pain syndrome (CP/CPPS), acupuncture may also represent a safe and potentially efficacious therapy for CSP. In one pilot study, patients with CPPS underwent 2 acupuncture sessions weekly for a total of 8 weeks43. A significant decrease in NIH-CPSI scores were found in more than half of the patients. Further study is required to determine the translatability of these results to the specific Chronic scrotal pain (CSP) population (Level of evidence 4, Grade D).

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