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Bipolar Disorder

Troubles bipolaires

1. Systematic reviews and meta-analysis

2. Clinical practice guidelines

⊕ positive recommendation (regardless of the level of evidence reported)
Ø negative recommendation (or lack of evidence)

2.1. Malaysia Health Technology Assessment Section (MaHTAS, Malaysia) 2014 ⊕

Malaysia Health Technology Assessment Section (MaHTAS). Management of Bipolar Disorder in Adults. Ministry of Health (MoH). 2014:78P. [182786]. URL

Interventions such as acupuncture and dietary supplements (such as omega-3, amino acids, N-acetyl cysteine, chelated mineral and vitamin formula) have beneficial effects on physical and mental health, and quality of life when used with other medications (level I).

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