# Table des matières

***1. Systematic Reviews and Meta-Analysis*** ..... 1
1.1. Zhao 2011 ☆ ..... 1

# Neurovascular Headache

# Céphalées neurovasculaires: évaluation de l'acupuncture

## 1. Systematic Reviews and Meta-Analysis

### 1.1. Zhao 2011 ☆

Zhao L, Guo Y, Wang W, Yan Lj. Systematic review on randomized controlled clinical trials of acupuncture therapy for neurovascular headache. Chinese Journal of Integrated Medicine. 2011;17(8):580-6. [158541]

| | |
|---|---|
| **Objective** | To evaluate the effectiveness of acupuncture as a treatment for neurovascular headache and to analyze the current situation related to acupuncture treatment. |
| **Methods** | PubMed database (1966-2010), EMBASE database (1986-2010), Cochrane Library (Issue 1, 2010), Chinese Biomedical Literature Database (1979-2010), China HowNet Knowledge Database (1979-2010), VIP Journals Database (1989-2010), and Wanfang database (1998-2010) were retrieved. Randomized or quasi-randomized controlled studies were included. The priority was given to high-quality randomized, controlled trials. Statistical outcome indicators were measured using RevMan 5.0.20 software. |
| **Results** | A total of **16 articles and 1 535 cases** were included. Meta-analysis showed a significant difference between the acupuncture therapy and Western medicine therapy [combined RR (random efficacy model)=1.46, 95% CI (1.21, 1.75), Z=3.96, P<0.0001], indicating an obvious superior effect of the acupuncture therapy; significant difference also existed between the comprehensive acupuncture therapy and acupuncture therapy alone [combined RR (fixed efficacy model)=3.35, 95% CI (1.92, 5.82), Z=4.28, P<0.0001], indicating that acupuncture combined with other therapies, such as points injection, scalp acupuncture, auricular acupuncture, etc., were superior to the conventional body acupuncture therapy alone. |
| **Conclusions** | The inclusion of limited clinical studies had verified the efficacy of acupuncture in the treatment of neurovascular headache. **Although acupuncture or its combined therapies provides certain advantages, most clinical studies are of small sample sizes**. Large sample size, randomized, controlled trials are needed in the future for more definitive results. |

From:
https://ebm.wiki-mtc.org/ - **Encyclopédie des sciences médicales chinoises**

Permanent link:
**https://ebm.wiki-mtc.org/doku.php?id=acupuncture:evaluation:neuro-psychiatrie:02.%20cephalees%20neurovasculaires**

Last update: **17 Oct 2025 13:12**